

CERTIFICATE OF PARTICIPATION

This is to certify that

**Zanele Ayanda
Nthanda Mnguni**

Has successfully participated & completed the

F10 F10 2025

held at Foskor Community Centre.

OFFICIAL TIME 01:20:52

PACE 7.42km/h

OVERALL 152 of 524



26 July 2025, Sat

Date

Signature

