

CERTIFICATE OF PARTICIPATION

This is to certify that

Zwelakhe Mhlongo

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:46:51

Mat-To-Mat Time 00:46:51

PACE 04:40/km

OVERALL 32 of 500

GENDER 26 of 220

40+ 5 of 38



19 December 2025, Fri

Date

Signature

