

CERTIFICATE OF PARTICIPATION

This is to certify that

Zonica Lourens

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:37:33

Mat-To-Mat Time 01:37:33

PACE 09:45/km

GENDER 288 of 385

OVERALL 481 of 628

40+ 53 of 73



22 November 2025, Sat

Date

Signature



BoutTime