

CERTIFICATE

OF PARTICIPATION

This is to certify that

Yaaseen Abrahams



42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:54:58

Mat-To-Mat Time 03:54:58

PACE 05:34/km

GENDER 142 of

557

OVERALL 195 of 98

SENIOR (20- 69 of 189

39)



Date

Signature Bout Lime