

CERTIFICATE OF PARTICIPATION

This is to certify that

Warren Fredricks

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:10:05

Mat-To-Mat Time 01:10:05

PACE 07:00/km

GENDER 110 of 243

OVERALL 224 of 628

**SENIOR (20- 48 of 91
39)**



22 November 2025, Sat

Date

Signature

BoutTime