

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ulrich Van Dyk

Has successfully participated & completed the

21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:48:21

Mat-To-Mat Time 01:48:21

PACE 05:09/km

OVERALL 90 of 678

GENDER 67 of 294

JUNIOR (15- 8 of 17

19)

22 November 2025, Sat-

BoutTime