

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Tinus Prinsloo**

Has successfully participated & completed the

**21.1km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 01:59:18**

**Mat-To-Mat Time 01:59:18**

**PACE 05:39/km**

**OVERALL 148 of 678**

**GENDER 99 of 294**

**40+ 20 of 51**

22 November 2025, Sat

Date



Signature

