

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Thulane Naphtal  
Nkosi**

Has successfully participated & completed the

**32km Volksrust Marathon**

held at Volksrust High School.

**OFFICIAL TIME 03:18:04**

**Mat-To-Mat Time 03:17:53**

**PACE 06:10/km**

**OVERALL 31 of 126**

**GENDER 24 of 78**

**50+ 2 of 21**



22 November 2025, Sat

Date

Signature

