

CERTIFICATE OF PARTICIPATION

This is to certify that

Thomas Marais

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:54:33

Mat-To-Mat Time 03:54:33

PACE 05:34/km

**GENDER 137 of
557**

OVERALL 186 of 983



**SENIOR (20- 67 of 189
39)**

Date

Signature

BoutTime