

CERTIFICATE OF PARTICIPATION

This is to certify that

Thian De Beer

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:53:10

Mat-To-Mat Time 00:53:10

PACE 05:18/km

OVERALL 66 of 500

GENDER 44 of 220

40+ 8 of 38



19 December 2025, Fri

Date

Signature

