

CERTIFICATE

OF PARTICIPATION

This is to certify that

Theunis Bester



10km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:29:57

Mat-To-Mat Time 01:29:57

PACE 08:58/km

OVERALL 418 of 628

GENDER 176 of

243

60+ 15 of 24

22 November 2025, Sat

BoutTime