

CERTIFICATE

OF PARTICIPATION

This is to certify that

Theresa Sequeira

Has successfully participated & completed the

21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:46:44

Mat-To-Mat Time 02:46:44

PACE 07:55/km

OVERALL 508 of 678

GENDER 288 of

384

60+ 31 of 38

22 November 2025, Sat-

BoutTime