

CERTIFICATE OF PARTICIPATION

This is to certify that

Theo Van Zyl

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 05:11:13

Mat-To-Mat Time 05:11:13

PACE 07:24/km

GENDER 401 of 557

OVERALL 682 of 983

50+ 97 of 130



22 November 2025, Sat

Date

Signature



BoutTime