

CERTIFICATE

OF PARTICIPATION

This is to certify that

Thembinkosi Nzuza

Has successfully participated & completed the

42.2km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 04:48:21

Mat-To-Mat Time 04:47:50

PACE 06:51/km

OVERALL 89 of 168

GENDER 81 of 132

SENIOR (20- 29 of 40

39)

22 November 2025, Sat

BoutTime