

CERTIFICATE OF PARTICIPATION

This is to certify that

Thembi Nkosi

Has successfully participated & completed the

21.1km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 03:11:46

Mat-To-Mat Time 03:11:28

PACE 09:06/km

GENDER 62 of 98

OVERALL 142 of 195

40+ 22 of 32



22 November 2025, Sat

Date

Signature

