

# CERTIFICATE OF PARTICIPATION

This is to certify that

## Themba lethu Mona

Has successfully participated & completed the

**42.2km 22nd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**TIME 03:17:09**

**PACE 04:40/km**

**GENDER 24 of 215**

**OVERALL 25 of 373**

**40+ 8 of 77**

23 November 2024, Sat

Date



*BoutTime*

Signature

