

CERTIFICATE OF PARTICIPATION

This is to certify that

Themba Mposula

Has successfully participated & completed the

42.2km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 04:58:01

Mat-To-Mat Time 04:57:31

PACE 07:04/km

GENDER 93 of 132

OVERALL 104 of 168

40+ 37 of 49



22 November 2025, Sat

Date

Signature

