

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sylvia Jaftha

Has successfully participated & completed the

21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:34:38

Mat-To-Mat Time 02:34:38

PACE 07:21/km

GENDER 238 of

384

70+ 4 of 7

OVERALL 441 of 678

22 November 2025, Sat-

BoutTime