

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sydney Carstens

Has successfully participated & completed the

21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:55:01

Mat-To-Mat Time 02:55:01

PACE 08:19/km

OVERALL 527 of 678

GENDER 228 of

294

60+ 31 of 39

22 November 2025, Sat

BoutTime