

CERTIFICATE OF PARTICIPATION

This is to certify that

Stiaan Nieman

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:05:44

Mat-To-Mat Time 01:05:44

PACE 06:33/km

**GENDER 106 of
220**

OVERALL 184 of 500



**JUNIOR (15- 7 of 13
19)**

Date

Signature

BoutTime