

CERTIFICATE OF PARTICIPATION

This is to certify that

Stephan Nel

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:44:49

Mat-To-Mat Time 01:44:49

PACE 04:58/km

OVERALL 70 of 678

GENDER 55 of 294

60+ 3 of 39



22 November 2025, Sat

Date

Signature

