

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Sphamandla Ndlela**

Has successfully participated & completed the

**10km Volksrust Marathon**

held at Volksrust High School.

**OFFICIAL TIME 01:12:07**

**Mat-To-Mat Time 01:09:43**

**PACE 07:12/km**

**GENDER 28 of 61**

**OVERALL 56 of 206**

**SENIOR (20- 9 of 18  
39)**



22 November 2025, Sat

Date

Signature



*BoutTime*