

CERTIFICATE OF PARTICIPATION

This is to certify that

Sonja Vermaak

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 05:03:22

Mat-To-Mat Time 05:03:22

PACE 07:12/km

**GENDER 273 of
426**

OVERALL 661 of 983

50+ 56 of 95



22 November 2025, Sat

Date

Signature



BoutTime