

# CERTIFICATE

## OF PARTICIPATION

This is to certify that

**Sonja Van Der  
Westhuizen**

Has successfully participated & completed the

**21.1km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 02:49:37**

**Mat-To-Mat Time 02:49:37**

**PACE 08:03/km**

**GENDER 295 of  
384**

**OVERALL 516 of 678**

**50+ 47 of 56**



22 November 2025, Sat

Date

Signature



*BoutTime*