

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sizwe Zwane

Has successfully participated & completed the

10km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 00:48:42

Mat-To-Mat Time 00:47:20

PACE 04:51/km

OVERALL 11 of 206

GENDER 11 of 61

SENIOR (20- 6 of 18

39)

22 November 2025, Sat

BoutTime