

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sizwe Ngobese

Has successfully participated & completed the

21.1km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 01:09:22

Mat-To-Mat Time 01:09:30

PACE 03:18/km

OVERALL 2 of 195

GENDER 2 of 97

SENIOR (20- 2 of 40

39)

22 November 2025, Sat

BoutTime