

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sithembile Mngomezulu

Has successfully participated & completed the

21.1km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 03:36:17

Mat-To-Mat Time 03:35:52

PACE 10:16/km

GENDER 79 of 98

SENIOR (20- 34 of 43

39)





BoutTime