

CERTIFICATE OF PARTICIPATION

This is to certify that

**Siphesande
Mtongana**

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:42:30

Mat-To-Mat Time 04:42:30

PACE 06:42/km

**GENDER 180 of
426**

OVERALL 469 of 983

**SENIOR (20- 72 of 154
39)**



Date

Signature

BoutTime