

CERTIFICATE OF PARTICIPATION

This is to certify that

Sinazo Mbebe

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:19:15

Mat-To-Mat Time 04:19:15

PACE 06:09/km

**GENDER 108 of
426**

OVERALL 321 of 983

40+ 38 of 159



22 November 2025, Sat

Date

Signature



BoutTime