

CERTIFICATE

OF PARTICIPATION

This is to certify that

Simphiwe Nombamba

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:55:00

Mat-To-Mat Time 03:55:00

PACE 05:34/km

GENDER 143 of

557

OVERALL 196 of 983

SENIOR (20- 70 of 189

39)



Date

Signature Bout Lime