

CERTIFICATE OF PARTICIPATION

This is to certify that

Simon Phage

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:14:33

Mat-To-Mat Time 01:14:33

PACE 07:27/km

GENDER 131 of 220

OVERALL 255 of 500

60+ 14 of 29



19 December 2025, Fri

Date

Signature



BoutTime