

CERTIFICATE OF PARTICIPATION

This is to certify that

Simbonile Nongco

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:38:46

Mat-To-Mat Time 03:38:46

PACE 05:12/km

GENDER 99 of 557

OVERALL 130 of 983

40+ 32 of 185



22 November 2025, Sat

Date

Signature

