

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sidney Phillip Cleophas

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:14:49

Mat-To-Mat Time 04:14:49

PACE 06:03/km

OVERALL 293 of 983

GENDER 199 of

557

60+ 9 of 47

22 November 2025, Sat-

BoutTime