

CERTIFICATE OF PARTICIPATION

This is to certify that

Shelsley Van Zijl

Has successfully participated & completed the

21.1km 22nd Vlake Marathon

held at Heidelberg High School Sports Ground.

TIME 02:09:36

PACE 06:09/km

GENDER 90 of 277

OVERALL 183 of 482

60+ 3 of 19

23 November 2024, Sat

Date



BoutTime

Signature

