

CERTIFICATE OF PARTICIPATION

This is to certify that

Shaney Van Wyk

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:14:30

Mat-To-Mat Time 04:14:30

PACE 06:03/km

GENDER 91 of 426

OVERALL 287 of 983

**SENIOR (20- 44 of 154
39)**



22 November 2025, Sat

Date

Signature



BoutTime