

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Shane Nel**

Has successfully participated & completed the

**21.1km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 02:03:17**

**Mat-To-Mat Time 02:03:17**

**PACE 05:51/km**

**GENDER 77 of 384**

**OVERALL 194 of 678**

**SENIOR (20- 42 of 188  
39)**



22 November 2025, Sat

Date

Signature



*BoutTime*