

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Shandri Viljoen**

Has successfully participated & completed the

**10km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 01:03:48**

**Mat-To-Mat Time 01:03:48**

**PACE 06:21/km**

**GENDER 68 of 385**

**OVERALL 156 of 628**

**SENIOR (20- 32 of 157  
39)**



22 November 2025, Sat

Date

Signature



*BoutTime*