

CERTIFICATE OF PARTICIPATION

This is to certify that

Selwyn Matthews

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:32:10

Mat-To-Mat Time 00:32:10

PACE 03:12/km

GENDER 2 of 220

OVERALL 2 of 500

**SENIOR (20- 2 of 82
39)**



19 December 2025, Fri

Date

Signature



BoutTime