

CERTIFICATE OF PARTICIPATION

This is to certify that

Sean Nel

Has successfully participated & completed the

10km Cape Prestige Trail Run #3

held at Delheim Wine Estate.

TIME 01:35:10

PACE 09:30/km

GENDER 21 of 27

OVERALL 31 of 59

40 - 49 4 of 6

23 November 2024, Sat

Date



BoutTime

Signature

