

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sean Le Grange

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 05:24:48

Mat-To-Mat Time 05:24:48

PACE 07:43/km

OVERALL 716 of 98

GENDER 417 of

557

60+ 41 of 47

22 November 2025, Sat-

BoutTime