

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sarel Cilliers



42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:49:38

Mat-To-Mat Time 04:49:38

PACE 06:52/km

OVERALL 540 of 98

GENDER 330 of

557

40+ 106 of

185



Date

Signature Bout Lime