

CERTIFICATE OF PARTICIPATION

This is to certify that

Sandra Lennox

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:12:43

Mat-To-Mat Time 01:12:43

PACE 07:15/km

GENDER 120 of 280

OVERALL 250 of 500

50+ 28 of 70



19 December 2025, Fri

Date

Signature



BoutTime