

CERTIFICATE OF PARTICIPATION

This is to certify that

Sammy Bouwers

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:21:25

Mat-To-Mat Time 01:21:25

PACE 08:07/km

GENDER 146 of 220

OVERALL 305 of 500

50+ 24 of 40



19 December 2025, Fri

Date

Signature



BoutTime