

# CERTIFICATE OF PARTICIPATION

This is to certify that

Rykie De Kock

Has successfully participated & completed the

**10km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 00:58:22**

**Mat-To-Mat Time 00:58:22**

**PACE 05:49/km**

**OVERALL 88 of 628**

**GENDER 26 of 385**

**50+ 3 of 72**



22 November 2025, Sat

Date

Signature

