

CERTIFICATE OF PARTICIPATION

This is to certify that

Ryan Good

Has successfully participated & completed the

12km Trail Run Oak Valley Extreme

held at Oak Valley Estate, Grabouw.

TIME 01:25:12

PACE 07:06/km

GENDER 9 of 19

OVERALL 12 of 38

OPEN 7 of 11

15 September 2024, Sun

Date



BoutTime

Signature

