

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ruzanne Le Roux**

Has successfully participated & completed the

**42.2km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 04:04:10**

**Mat-To-Mat Time 04:04:10**

**PACE 05:48/km**

**OVERALL 234 of 983**

**GENDER 66 of 426**

**40+ 22 of 159**



22 November 2025, Sat

Date

Signature

