

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Russell Garman

Has successfully participated & completed the

21km Cape Prestige Trail Run #1

held at Delvera Estate Stellenbosch, Stellenbosch.

**TIME** 02:45:33

**PACE** 07:52/km

**OVERALL** 19 of 31

**GENDER** 18 of 25

**OPEN** 10 of 14

15 September 2024, Sun

Date



