

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Rudolf Du Plessis**

Has successfully participated & completed the

**10km Fancourt 10km Run Walk**

held at The Ridge, George.

**OFFICIAL TIME 01:04:07**

**Mat-To-Mat Time 01:04:07**

**PACE 06:24/km**

**GENDER 100 of  
220**

**OVERALL 162 of 500**

**60+ 11 of 29**



19 December 2025, Fri

Date

Signature

*BoutTime*