

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ruchir Shah

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:55:22

Mat-To-Mat Time 00:55:22

PACE 05:31/km

OVERALL 88 of 500

GENDER 61 of 220

SENIOR (20- 32 of 82

39)

19 December 2025, Fri

BoutTime