

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ruben De Manielle

Has successfully participated & completed the

10km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 00:54:53

Mat-To-Mat Time 00:54:53

PACE 05:28/km

OVERALL 57 of 628

GENDER 43 of 243

SENIOR (20- 20 of 91

39)

22 November 2025, Sat

BoutTime